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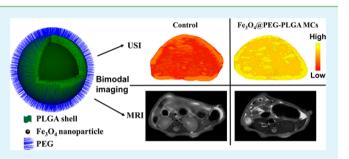
# Uniform PEGylated PLGA Microcapsules with Embedded Fe<sub>3</sub>O<sub>4</sub> Nanoparticles for US/MR Dual-Modality Imaging

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**ABSTRACT:** Well-designed agents for enhanced multimodal imaging have attracted great interests in recent years. In this work, we adopted a premix membrane emulsification (PME) method to prepare uniform PEGylated poly(lactic-*co*-glycolic acid) (PLGA) microcapsules (MCs) with superparamagnetic Fe<sub>3</sub>O<sub>4</sub> nanoparticles (NPs) embedded in the shell (Fe<sub>3</sub>O<sub>4</sub>@ PEG-PLGA MCs) for ultrasound (US)/magnetic resonance (MR) bimodal imaging. Compared to Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs without PEGylation, Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs could more stably and homogeneously disperse in physiological solutions.



In vitro and in vivo trials demonstrated that  $Fe_3O_4$ @PEG-PLGA MCs (~3.7 µm) with very narrow size distribution (PDI = 0.03) could function as efficient dual-modality contrast agents to simultaneously enhance US and MR imaging performance greatly. *In vitro* cell toxicity and careful histological examinations illustrated no appreciable cytotoxicity and embolism of  $Fe_3O_4$ @PEG-PLGA MCs to mice even at high dose. The uniform composite MCs developed here can act as clinical bimodal contrast agents to improve hybrid US/MR imaging contrast, which is promising for accurate diagnosis and real-time monitoring of difficult and complicated diseases.

KEYWORDS: Fe<sub>3</sub>O<sub>4</sub> nanoparticles, PEG-PLGA microcapsules, contrast agents, ultrasound imaging, magnetic resonance imaging

# INTRODUCTION

Ultrasound imaging (USI) and magnetic resonance imaging (MRI) are two common imaging methods used in clinic for their noninvasive and nonradiative properties.<sup>1,2</sup> USI possesses a number of advantages, such as multifunction, low cost, portability, and real-time imaging, but its application is bounded due to the drawbacks including poor bone penetrability, gas barrier, low resolution, and so on.<sup>3</sup> In contrast, MRI can offer excellent resolution for soft tissues, but it is easily influenced by metals, combined with high cost and long imaging period.<sup>4</sup> Usually, only USI or MRI cannot provide enough physiological information for accurate diagnosis of miscellaneous difficult and complicated cases, for example, cancer, cardiovascular, and neurological diseases.<sup>5</sup> Since USI and MRI can perform complementary functions,<sup>6</sup> integration of these two imaging methods is a popular solution to achieve more abundant pathological information for accurately diagnosing complicated diseases.<sup>7,8</sup>

On various occasions, the contrasts of USI and MRI are not high enough to get a clear image,<sup>9,10</sup> so contrast agents are needed to enhance the contrast so as to obtain a distinct image.<sup>11,12</sup> At present, only single-modality contrast agents in clinic are available to enhance USI or MRI. To achieve effective both USI and MRI, a usual method is to inject these two kinds of contrast agents, respectively. However, the method not only increases the pain and cost, but also aggravates the metabolic burden of body. Besides, there may be repulsion and quenching effect between these two kinds of contrast agents with quite different biodistribution, discouraging the fusion of USI and MRI.<sup>13,14</sup> Hence, it is of great clinical significance to exploit dual-modality US/MR imaging contrast agents for diagnosis, location, monitoring, and evaluation of diseases.<sup>15</sup>

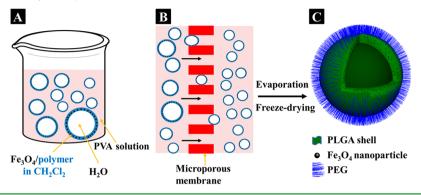
Gas-filled microcapsules (MCs) with a diameter of  $2-8 \ \mu m$ are generally used as contrast agents for USI due to their ascendant scattering properties compared with the surrounding fluid.<sup>16</sup> Recently, magnetic iron oxide nanoparticles (NPs) or Gd agents were loaded in MCs to achieve dual-modality US/ MR imaging contrast agents.<sup>17–26</sup> Gätjens et al. prepared iron oxide NPs-embedded poly(butyl cyanoacrylate) MCs for US/ MR dual-modality imaging through a one-pot emulsion polymerization,<sup>27</sup> while Chen et al. developed iron oxide NPs-stabilized polymer nanocapsules via a single-step emulsion process to implement similar functions.<sup>28</sup> Zheng et al. generated superparamagnetic iron oxide NPs loaded MCs made of poly(lactic-*co*-glycolic acid) (PLGA) via a W/O/W double emulsion to serve as dual-modality contrast agents, enhancing USI and MRI simultaneously.<sup>29–32</sup> In spite of the above-mentioned encouraging results, most of previously

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Scheme 1. Schematic of (B) a PME Method Generating Uniform MCs via the Microporous Membrane Compared to (A) a Traditional Water/Oil/Water Method Yielding MCs with a Broad Size Distribution. (C) Typical Structure of a  $Fe_3O_4@PEG-PLGA$  MC Containing a Cavity, a  $Fe_3O_4$  Embedded PLGA Shell, and PEG Modified Surface



reported composite MCs for US/MR dual-modality imaging were beyond the optimized diameter of  $2-8 \ \mu m$  and short of careful surface modification to heighten USI. These MCs might not have the optimal performance for USI, particularly *in vivo* because the MCs without surface modification would most possibly be recognized as foreign matters and engulfed by macrophages, which shortened their lifetime *in vivo* greatly.<sup>33</sup> In addition, the size distribution of most MCs reported was not narrow enough, resulting in biosafety issue *in vivo*. In other words, the uncontrolled large MCs easily lead to pulmonary embolism during circulation after injection *in vivo*.<sup>34</sup> It is therefore of great desire for development of surface modified composite MCs with narrow size distribution to greatly enhance US/MR dual-modality imaging with long duration and avoid the potential unsafety *in vivo*.

Biodegradable polyesters like polyhydroxyalkanoates and PLGA are widely used as biomaterials owing to their low toxicity to the organism.<sup>35–41</sup> PLGA is a FDA-approved material widely used as drug carriers and tissue engineering matrices because of adjustable degradation rate, mechanical property, and good processability.<sup>39–41</sup> Herein, we prepared uniform PEGylated PLGA microcapsules with superparamagnetic Fe<sub>3</sub>O<sub>4</sub> NPs embedded in the shell (Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs) via a premix membrane emulsification (PME) method (Scheme 1B), which was first used in our recent report to develop polylactone MCs with even sizes for USI.<sup>39</sup> The obtained Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs can serve as contrast agents for dual-modality US/MR imaging. Both USI and MRI contrast behaviors of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs as well as their biosafeties were evaluated *in vitro* and *in vivo*.

## EXPERIMENTAL SECTION

**Materials.** Ferric acetylacetonate  $(Fe(acac)_3)$ , 1,2-hexadecanediol, oleylamine, oleic acid, benzyl ether, polyethylene glycol (PEG), and paclitaxel (PTX) were purchased from J&K Scientific Ltd. Glycolide and lactide were purchased from Purac (Netherlands) and further purified by recrystallization from ethyl acetate twice. Stannous octoate (A.R.), poly(vinyl alcohol) (PVA), evans blue, and fluorescein diacetate were purchased from Sigma-Aldrich. Premix membrane emulsification equipment (FMEM-500M) and Shirasu porous glass (SPG) membrane were purchased from National Engineering Research Center for Biotechnology (Beijing). The glass membranes were annular cylinders (inner diameter = 8 mm, external diameter = 10 mm, length = 170 mm) with pore sizes of 7.2  $\mu$ m. Other compounds and solvents were purchased from Beijing Chemical Reagents Company, China.

Synthesis and Characterization of  $Fe_3O_4$  NPs. Synthesis of 4 nm  $Fe_3O_4$  NPs. Fe<sub>3</sub>O<sub>4</sub> NPs were synthesized in terms of the previous

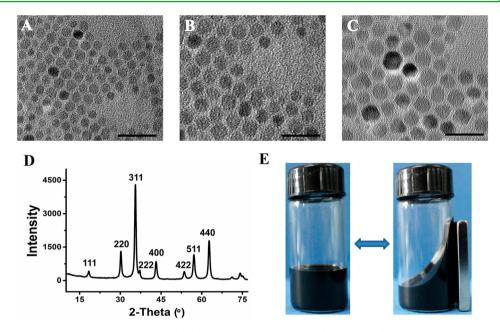
literature with minor modification.<sup>42</sup> Fe(acac)<sub>3</sub> (1 mmol), 1,2hexadecanediol (6 mmol), oleylamine (3 mmol), oleic acid (3 mmol), and phenyl ether (15 mL) were mixed with magnetic stirring under a flow of argon, followed by heating to 210 °C in an argon atmosphere. After being maintained at 210 °C for 45 min, the mixture was heated to reflux (~270 °C) for another 45 min, presenting from red-brown to black-brown. It was then cooled to room temperature via removal of the heat source. Under ambient conditions, black products were precipitated from the mixture by adding ethanol (50 mL) to it, followed by separation via centrifugation. The black products were dissolved in hexane along with oleic acid (0.02 mL) and oleylamine (0.02 mL). Centrifugation (3K30, Sigma) was applied (11 000 rpm, 8 min) to get rid of any undispersed residue. Four nanometer Fe<sub>3</sub>O<sub>4</sub> NPs were obtained by precipitation with addition of ethanol to the supernate and redispersed into hexane for further use after centrifugation (11 000 rpm, 8 min).

Synthesis of 6 nm  $Fe_3O_4$  NPs.  $Fe(acac)_3$  (1 mmol), 1,2hexadecanediol (6 mmol), oleylamine (3 mmol), oleic acid (3 mmol), and benzyl ether (15 mL) were mixed with magnetic stirring under a flow of argon, followed by heating to 210 °C in an argon atmosphere. After being maintained at 210 °C for 2 h, the mixture was heated to reflux (~310 °C) for 1 h, presenting from red–brown to black–brown. It was then cooled to room temperature via removal of the heat source. Following the post processing in the preparation of 4 nm  $Fe_3O_4$  NPs, 6 nm  $Fe_3O_4$  NPs dispersed in *n*-hexane were produced.

Synthesis of 8 nm  $Fe_3O_4$  NPs.  $Fe(acac)_3$  (1 mmol), 1,2hexadecanediol (6 mmol), oleylamine (3 mmol), oleic acid (3 mmol), phenyl ether (15 mL), and *n*-hexane dispersion (3 mL) of 6 nm  $Fe_3O_4$  NPs (40 mg) were mixed with magnetic stirring under a flow of argon, followed by heating to 100 °C to remove hexane. After being maintained at 100 °C for 1 h, the mixture was heated to reflux (~270 °C) for 1 h in an argon atmosphere. The black-colored mixture was cooled to room temperature by removing the heat source. It was then cooled to room temperature via removal of the heat source. Following the post processing in the preparation of 4 nm  $Fe_3O_4$  NPs, 8 nm  $Fe_3O_4$  NPs dispersed in *n*-hexane were produced.

Characterization. Transmission electron microscopy (TEM) images of  $Fe_3O_4$  NPs were captured on a JEOL 2100F electron microscopy with an acceleration voltage of 200 kV. X-ray diffraction (XRD) patterns of  $Fe_3O_4$  NPs were recorded by a Rigaku D/max 2500 diffractometer equipped with Cu-target.

Synthesis and Characterization of PLGA and PEG-*b*-PLGA. PLGA7030 was synthesized via ring-opening polymerization of Llactide and glycolide ( $n_{LA}$ : $n_{GA} = 70:30$ ). Typically, rigorously dried lactide (70 mmol), glycolide (30 mmol), hexadecanol (0.14 mmol), and stannous octoate (0.05 wt % of lactide and glycolide) were transferred into a polymerization tube. After being purged with argon three times, the tube was sealed in vacuum. Then the tube was heated to 170 °C for 20 h. The obtained product was dissolved in chloroform, then precipitated into ethanol, followed by drying under vacuum at 35



**Figure 1.** Characterization of  $Fe_3O_4$  NPs. TEM images of (A) 4 nm ( $<D> = 4.0 \pm 0.2$  nm), (B) 6 nm ( $<D> = 5.9 \pm 0.3$  nm), and (C) 8 nm ( $<D> = 8.0 \pm 0.4$  nm)  $Fe_3O_4$  NPs. Scale bar is 20 nm. The number of counted particles was 40. (D) XRD pattern of 6 nm  $Fe_3O_4$  NPs. (E) Hydromagnetic property of 6 nm  $Fe_3O_4$  NPs dispersed in *n*-hexane.

°C to achieve a constant weight. PEG-*b*-PLGA7030 was synthesized similarly using PEG (Mw = 5000) as an initiator instead of hexadecanol. To determine average molecular weight of the polymers, gel permeation chromatography (GPC, max VE-2001, Viscotek) measurement based on polystyrene standards was performed with chloroform as the eluent at a flow rate of 1.0 mL/min. The GPC results of the synthesized polymers were as follows: PLGA7030 ( $M_w = 85000$ ,  $M_w/M_n = 1.21$ ), and PEG-*b*-PLGA7030 ( $M_w = 86,000$ ,  $M_w/M_n = 1.23$ ).

Preparation and Characterization of MCs. Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs were prepared via a two-step approach. First, to ensure homogeneous dispersion of Fe<sub>3</sub>O<sub>4</sub> nanoparticles in dichloromethane dissolving PEG-PLGA, n-hexane with Fe<sub>3</sub>O<sub>4</sub> NPs dispersed was added to dichloromethane dissolving PEG-PLGA under stirring. After the solvent was removed via reduced pressure distillation, the remained solid was redispersed by dichloromethane. Four milliliters of water was mixed with 6 mL of the obtained dichloromethane containing 300 mg of PEG-PLGA and varying amount of Fe<sub>3</sub>O<sub>4</sub> NPs under sonication to form an elementary emulsion. Second, the W/O emulsion was poured into aqueous external phase containing 1 wt % PVA with magnetic stirring for 120 s at 800 rpm to generate coarse double emulsions, which were then homogenized by squeezing them through the SPG membrane under a pressure of 90 kPa. The yielded uniform double emulsion was transferred quickly into 600 mL of deionized water with magnetic stirring (500 rpm, 24 h) to solidify the Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs. The obtained Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs were collected via centrifugation (3000 rpm, 5 min) and washed by deionized water three times, followed by freeze-drying in a lyophilizer (ALPHA 1–2 LD, Christ) to sublimate the encapsulated frozen water. The resulting loose powder was stored at 2 °C for further use.

 $Fe_3O_4$ @PLGA MCs were prepared similarly by substituting PEG– PLGA with PLGA. Pure PEG–PLGA MCs were fabricated similarly without the addition of  $Fe_3O_4$  NPs.

After the MCs were coated with gold palladium by sputter coater (E-1010; Hitachi) under vacuum, they were observed by scanning electron microscopy (SEM, JSM-6700F, JEOL) with an accelerating voltage of 5 kV. The existence of  $Fe_3O_4$  NPs in the MCs was confirmed by energy dispersive X-ray (EDX) spectrum at 15 kV. The  $Fe_3O_4$ -inclusion weight contents of MCs were determined by inductively coupled plasma mass spectrometry (ICP-MS, element, Finnigan). The size distribution of MCs dispersed in distilled water was measured via dynamic light scattering (DLS) method using a

zetasizer (Nano ZS90, Malvern). The magnetic properties of MCs were characterized by using a vibrating sample magnetometer (VSM, 7410, Lake Shore Cryotronics) at 37  $^\circ$ C.

*In Vitro* USI and MRI. *In vitro* USI was carried out under flow state to simulate blood circulation. A silicone tube (inner diameter = 3 mm, external diameter = 6 mm) was set in a tank filled with degassed water. MCs were evenly dispersed in degassed water. The resulting MCs dispersion was flew with a stable rate in the tube, which was captured by an ultrasonic imaging machine (Acuson Sequoia 512 system, Siemens) in B mode with 10 MHz ultrasound probe. All USI experiments were under the same parameters (Mechanical Index, MI = 0.49) and repeated three times.

In vitro  $T_2$ -weighted MRI was acquired using a 7-T experimental MRI instrument (BioSpec 70/20 USR, Bruker). Homogeneous dispersions of MCs in normal saline with predetermined concentrations were placed in a series of tubes for  $T_2$ -weighted MRI. After careful preparation, the tubes were scanned in a 7-T MRI system.

*In Vivo* USI and MRI. After anesthetized with chloral hydrate (10 wt %), 6-week-old nude mice were injected via tail vein using a syringe with 250  $\mu$ L of normal saline, 250  $\mu$ L of normal saline containing 0.6 mg of Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs or 250  $\mu$ L of normal saline containing 0.6 mg of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs. Their livers were imaged by an USI machine (Acuson Sequoia 512 system, Siemens) in B mode with 10 MHz ultrasound probe (MI = 0.49). After USI, *in vivo* MRI was performed immediately. T<sub>2</sub>-weighted MR images of injected mice were acquired by using a 7-T experimental MRI instrument (BioSpec 70/20 USR, Bruker). Imaging parameters were set as follows: repetition time (TR) = 3000 ms; echo time (TE) = 40.6 ms; field of view (FOV) = 35 mm × 35 mm, slice thickness = 1 mm.

*In Vitro* Cell Toxicity. Mouse embryonic fibroblasts (NIH/3T3) were used to evaluate *in vitro* cell toxicities of MCs. The cells were cultured in  $\alpha$ -MEM supplemented with 10% fetal bovine serum in an atmosphere of 5% CO<sub>2</sub> at 37 °C. After sterilized by 70% ethanol solution for 40 min, various MCs with desired weight were transferred into wells of 96-well culture plate, respectively. Then, 80  $\mu$ L of cell suspension with 1 × 10<sup>5</sup> cells was seeded into each well. After cell-seeded MCs were maintained under 5% CO<sub>2</sub> at 37 °C for 3 h, 240  $\mu$ L of culture medium was added to each well. The viability and proliferation of NIH/3T3 cells cultured together with microcapsules for 1, 3, and 6 days were determined by CCK-8 assay. At each predetermined interval, the original culture medium in each well was removed, followed by the addition of fresh culture medium (100  $\mu$ L).

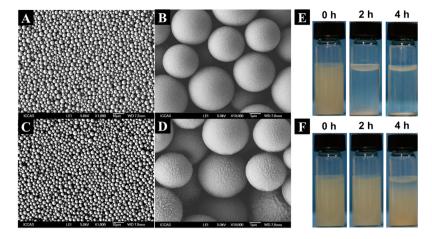
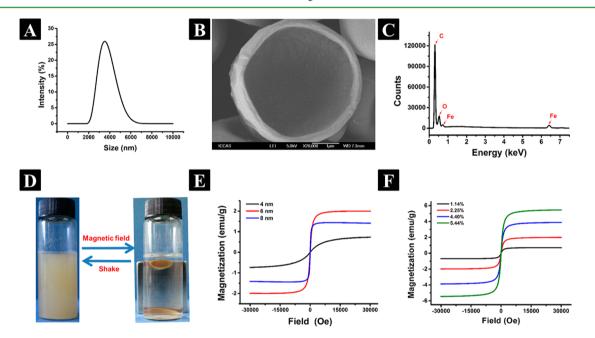


Figure 2. Morphologies of the composite MCs. (A) Low and (B) high magnification SEM images of  $Fe_3O_4$ @PLGA MCs. (C) Low and (D) high magnification SEM images of  $Fe_3O_4$ @PEG-PLGA MCs. Optical photos of (E)  $Fe_3O_4$ @PLGA MCs and (F)  $Fe_3O_4$ @PEG-PLGA MCs after being dispersed in normal saline for 2 and 4 h. The concentrations both are 3 mg/mL.



**Figure 3.** Characterization of  $Fe_3O_4@PEG-PLGA$  MCs. (A) Size distribution of  $Fe_3O_4@PEG-PLGA$  MCs. (B) SEM image of a  $Fe_3O_4@PEG-PLGA$  MC cut by a super thin blade. (C) EDX spectrum of  $Fe_3O_4@PEG-PLGA$  MCs. (D) Magnetic property of  $Fe_3O_4@PEG-PLGA$  MCs. (E) Hysteresis loops of 4, 6, and 8 nm  $Fe_3O_4$  NPs embedded PEG-PLGA MCs. (F) Hysteresis loops of  $Fe_3O_4@PEG-PLGA$  MCs with different weight contents of 6 nm  $Fe_3O_4$  NPs.

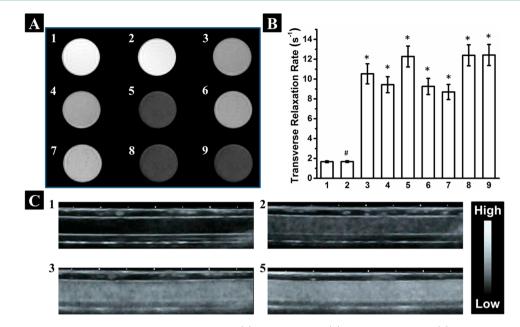
After CCK-8 solution (10  $\mu$ L) was added to each well, NIH/3T3 cells were incubated at 37 °C under 5% CO<sub>2</sub> for 4 h. The absorbance of the culture medium was measured at 450 nm using microplate reader (ZS-2).

**Histology Analysis.** Two-hundred-fifty microliters of normal saline containing 1.2 mg of  $Fe_3O_4$ @PEG–PLGA MCs was injected intravenously into the nude mice through the tail vein. The mice were anatomized after 3 h, 3 days, and 30 days, respectively. The tissues including heart, liver, spleen, lung, and kidney were collected and fixed in 10% neutral buffered formalin. The tissues of controls were gained similarly without any injection. Then, the collected tissues were embedded in paraffin, sectioned (4 mm thick), and stained with hematoxylin and eosin (H&E). The histological sections were observed under an optical microscope.

**Statistical Analysis.** All tests were repeated thrice. Differences among the experimental groups were evaluated by a standard Student's *t*-test. *P*-values less than 0.05 were considered statistically significant.

## RESULTS AND DISCUSSION

**Synthesis and Characterization of Fe\_3O\_4 NPs.** The sizes of  $Fe_3O_4$  NPs have a significant effect on their magnetic property, and the composite MCs with various  $Fe_3O_4$  NPs embedded have different performances for MRI imaging. To obtain the optimal size of  $Fe_3O_4$  NPs, three kinds of  $Fe_3O_4$  NPs with the sizes to be 4, 6, and 8 nm were prepared for further use through high-temperature reaction of ferric triacetylacetonate ( $Fe(acac)_3$ ), 1,2-hexadecanediol. Wherein, 4 and 6 nm  $Fe_3O_4$ NPs were yielded by varying the reaction temperature, while 8 nm  $Fe_3O_4$  NPs were obtained by seed-mediated growth with 6 nm  $Fe_3O_4$  NPs as seeds. TEM images (Figure 1A–C) show that the  $Fe_3O_4$  NPs obtained were nearly monodisperse. The XRD pattern (Figure 1D) discloses that all diffraction peaks matched well with standard powder diffraction data of  $Fe_3O_4$ NPs in position and relative intensity. The dispersion of  $Fe_3O_4$ 



**Figure 4.** *In vitro* US/MR dual-modality images of various samples. (1) Normal saline; (2) PEG–PLGA MCs; (3) PLGA MCs with 2.25 wt % of 6 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded; PEG–PLGA MCs with 2.25 wt % of (4) 4 nm, (5) 6 nm, and (6) 8 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded; PEG–PLGA MCs with (7) 1.14 wt %, (8) 4.40 wt %, and (9) 5.44 wt % of 6 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded. Concentrations of all MCs are 1 mg/mL. (A) *In vitro* MR images and (B) Transverse relaxation rate of samples 1–9. \*, p < 0.05, significant against sample 1. #, p > 0.05, insignificant against sample 1. (C) *In vitro* US images of samples 1, 2, 3, and 5.

NPs in *n*-hexane was highly stable and performed as a magnetic fluid response to an external magnetic field (Figure 1E), indicating the  $Fe_3O_4$  NPs could homogeneously disperse in *n*-hexane.

Design, Preparation, and Characterization of Fe<sub>3</sub>O<sub>4</sub>@ PEG-PLGA MCs. It is reported that narrowly distributed MCs with suitable sizes (~4  $\mu$ m) can achieve excellent USI performance as well as improved biosafety.<sup>39</sup> To obtain uniform microcapsules, we adopt a PME method instead of a traditional W/O/W method as indicated in Scheme 1, panel B. For the optimized performance in vivo, PEG-b-PLGA7030 was synthesized to prepare the composite MCs with PEGylated surface as illustrated in Scheme 1, panel C. Compared with the smooth surfaces of Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs (Figure 2B), Fe<sub>3</sub>O<sub>4</sub>@ PEG-PLGA MCs (Figure 2D) had rough surfaces due to gathering of PEG segments. The peripheral PEG segments made Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs more stable in normal saline than Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs as reflected in that almost all the Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs precipitated from their dispersion within 2 h, while no significant aggregation was observed for the dispersion of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs 4 h later (Figure 2E.F).

Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs had a mean diameter of 3.7  $\mu$ m with a narrow size distribution of 0.03 (Figure 3A). To observe their inner structures, Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs were cut by super thin razor blade, followed by imaging using SEM. Figure 3, panel B indicates the cut Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MC was a bowl-like hemisphere with an about 100 nm-thick shell, demonstrating that the obtained Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs possessed a hollow core/shell structure. The hollow core/shell structure could strengthen backscattering signals resulting in the contrast enhancement for USI. Fe, O, and C signals were observed from energy dispersive X-ray (EDX) spectrum of the MC surface in Figure 3, panel C, which was in accordance with the chemical signals of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs. Figure 3, panel D indicates that, when exposed to an external magnetic

field, Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs aggregated at the high-field site due to the intrinsic magnetic properties of embedded  $Fe_3O_4$  NPs. After the magnet was removed,  $Fe_3O_4$ @PEG-PLGA MCs could be well redispersed in normal saline again by shaking. No remnant magnetization observed from hysteresis loops of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs demonstrated that the MCs possess superparamagnetic characteristic, and it was beneficial for applications in vivo (Figure 3E).<sup>43</sup> With the same content of Fe<sub>3</sub>O<sub>4</sub> NPs, 6 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded PEG-PLGA MCs had the strongest saturated magnetization compared to 4 or 8 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded PEG-PLGA MCs. As the content of Fe<sub>3</sub>O<sub>4</sub> NPs increased, the saturated magnetization of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs strengthened accordingly (Figure 3F). Combinedly, these data provide sufficient evidence for successful encapsulation of Fe<sub>3</sub>O<sub>4</sub> NPs into the shell of PEG-PLGA MCs.

In Vitro US/MR Dual-Modality Imaging. The size and weight contents of Fe<sub>3</sub>O<sub>4</sub> NPs are directly related to MRI performance of the composite MCs. To determine the suitable size and content, we prepared several Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs with varied sizes and contents of Fe<sub>3</sub>O<sub>4</sub> NPs for evaluation. As a comparison, Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs without PEGylation and PEG-PLGA MCs without loaded Fe<sub>3</sub>O<sub>4</sub> NPs were also produced. These samples were evenly dispersed in normal saline and analyzed by an experimental 7-T MRI instrument with normal saline as a control. The T<sub>2</sub>-weighted MR images are revealed in Figure 4, panel A, and their corresponding relaxation rates are summarized in Figure 4, panel B. PEG-PLGA MCs presented nearly the same MRI behaviors with normal saline, indicating no contrast improvement for MRI. Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs exhibited a quite dark MR image, demonstrating that inclusion of Fe<sub>3</sub>O<sub>4</sub> NPs can significantly enhance performance of T2-weighted MRI. Compared to Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs, Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs with same size and content of embedded Fe<sub>3</sub>O<sub>4</sub> NPs generated darker MR image with higher relaxation rate. In other words,

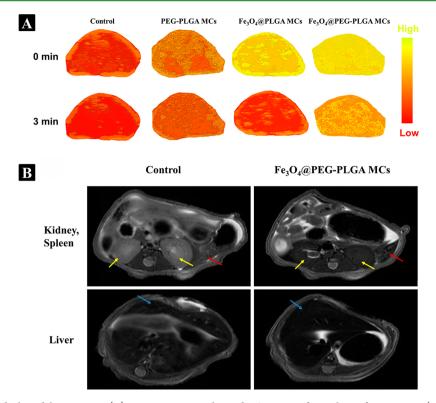
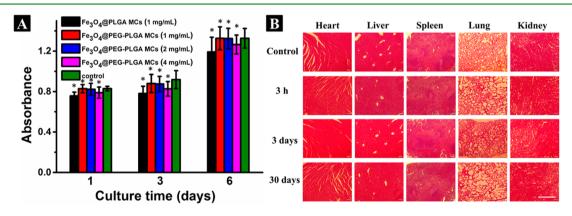


Figure 5. In vivo US/MR dual-modality imaging. (A) In vivo contrast-enhanced US images of mice liver after injection (top, 0 min; bottom, 3 min) of different samples. (B) In vivo MR images of nude mice after injection of  $Fe_3O_4@PEG-PLGA$  MCs. Yellow arrows indicate kidneys, red arrows indicate spleens, and blue arrows indicate livers. Control was performed by injection of normal saline.



**Figure 6.** Biosafety evaluation of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs. (A) CCK-8 assay of NIH/3T3 cells incubated with Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs and Fe<sub>3</sub>O<sub>4</sub>@ PEG–PLGA MCs at various concentrations for different periods. Cells incubated without MCs were calculated as the control. \*, p > 0.05, insignificant against the control. (B) Histological examination of nude mice at 3 h, 3 days, and 30 days after injection of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs. Their hearts, livers, spleens, lungs, and kidneys were stained by H&E. Untreated healthy nude mice were examined as the control. Scale bar is 500  $\mu$ m.

Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs possess better contrast enhancement for T<sub>2</sub>-weighted MRI. The better MRI performance should ascribe to that Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs have better stability in normal saline than do Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs. With the same content of Fe<sub>3</sub>O<sub>4</sub> NPs, 6 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded PEG–PLGA MCs presented the strongest contrast enhancement for T<sub>2</sub>-weighted MRI compared to 4 or 8 nm Fe<sub>3</sub>O<sub>4</sub> NPs embedded PEG–PLGA MCs, which was consistent with the result of saturated magnetization as indicated in Figure 3, panel E. As the content of Fe<sub>3</sub>O<sub>4</sub> NPs increased from 1.14 to 2.25 wt %, the transverse relaxation rate of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs increased from 8.6 to 12.3 S<sup>-1</sup> accordingly. However, no significant improvement for T<sub>2</sub>-weighted MRI was observed

when the content was further raised to 4.40 and 5.44 wt %. Therefore, 2.25 wt % of 6 nm  $Fe_3O_4$  NPs embedded PEG–PLGA MCs yielding good MRI performance were chosen for subsequent study *in vivo*.

To evaluate US contrast effect of  $Fe_3O_4$ @PEG-PLGA MCs, US images of the MCs dispersed in normal saline were captured under flow state simulating blood circulation. In comparison, USI behaviors of PEG-PLGA MCs and  $Fe_3O_4$ @ PLGA MCs were also evaluated with normal saline as a control. Figure 4, panel C shows that PEG-PLGA MCs without embedded  $Fe_3O_4$  NPs generated obviously enhanced ultrasound signals compared to normal saline. With introduction of  $Fe_3O_4$  NPs,  $Fe_3O_4$ @PLGA and  $Fe_3O_4$ @PEG-PLGA composite MCs yielded much stronger ultrasound signals since the embedded  $Fe_3O_4$  NPs highly enhances backscattering signals to US waves, which is in agreement with the previous reports.<sup>26,29–31</sup> Therefore, inclusion of  $Fe_3O_4$  NPs can improve USI performance.

In Vivo US/MR Dual-Modality Imaging. In vivo dualmodality imaging experiments were performed on nude mice to further assess the capacity of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs as US/ MR contrast agents. From the color-coded US images of liver as shown in Figure 5, panel A,44 obvious US contrast enhancement was observed from intravenously injected PEG-PLGA MCs, which did not degrade significantly after 3 min, indicating their long duration in vivo. Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs exhibited stronger US contrast right after injection, which agrees with the result in vitro, but their contrast effect quickly dropped to nearly zero after 3 min. In contrast, integrating embedded Fe<sub>3</sub>O<sub>4</sub> NPs and PEGylated surface, Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs vielded excellent US contrast with long duration. Introduction of Fe<sub>3</sub>O<sub>4</sub> NPs significantly enhanced US contrast, and PEGylated surface effectively prolongs their lifetime in blood circulation, averting phagocytosis by macrophages.

The T<sub>2</sub>-weighted MR images of Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs were acquired after USI trials as presented in Figure 5, panel B. A strong T<sub>2</sub>-weighted contrast enhancement (dark image) was observed in kidney, spleen, and liver as indicated by arrows compared to the control, demonstrating that Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs can act as excellent contrast agents in T<sub>2</sub>-weighted MRI. It must be pointed out that the MRI experiment was performed right after USI evaluation without any new Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs injected, confirming that Fe<sub>3</sub>O<sub>4</sub>@PEG–PLGA MCs have a great potentiality to serve as real dual-modality contrast agents for clinic applications.

**Biosafety Evaluation.** Although iron oxide  $(Fe_3O_4)$  NPs and PEG-PLGA have been approved to be used in clinic by FDA for their good biocompatibility,<sup>45,46</sup> it is still necessary to ensure the biosafety of PEG-PLGA MCs with Fe<sub>3</sub>O<sub>4</sub> NPs embedded both in vitro and in vivo. We evaluated cytotoxicity of Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs and Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs in NIH/ 3T3 cells by measuring cell viability via CCK-8 assay. Figure 6, panel A shows that the number of the viable cells cultured with Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs was nearly the same as that cultured with the control without MCs added when the concentrations of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs were 1 and 2 mg/mL. The number of the viable cells only slightly decreased even though the concentration was further increased to 4 mg/mL. Figure 6, panel A also indicates that NIH/3T3 cells can grow better with Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs than Fe<sub>3</sub>O<sub>4</sub>@PLGA MCs. These results demonstrates that Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs possess excellent cell compatibility and low cytotoxicity. To further investigate the potential toxicity in vivo, Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs were injected into the nude mice at high dose, double that of the imaging dose. These nude mice lived as well as the healthy nude mice without injection for more than one month. Histological sections of their five major organs were stained with H&E. No appreciable embolism and histological changes were detected between the treated organs and normal organs (Figure 6B), proving Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs having no harm to the mice. These results effectively evidence that Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs should be safe for biomedical application.

# CONCLUSION

Uniform Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs with optimized size and content of embedded Fe<sub>3</sub>O<sub>4</sub> NPs were successfully fabricated for US/MR dual-modality imaging. Synergistic interaction of PEGylated surface, embedded Fe<sub>3</sub>O<sub>4</sub> NPs, and controlled even size is vital for this kind of composite MCs to achieve good USI/MRI performance as well as outstanding biocompatibility. Owing to the peripheral PEG segments, the Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs exhibited good stability in normal saline and provided long blood circulation via greatly preventing them from phagocytosis by macrophages when applied in vivo. The Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs (~3.7  $\mu$ m, PDI = 0.03) could simultaneously enhance US and MR imaging contrast greatly both in vitro and in vivo. No appreciable cytotoxicity and embolism of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs to mice were observed even at high dose, illustrating that MCs possess excellent biocompatibility and biosafety. Considering that Fe<sub>3</sub>O<sub>4</sub> NPs and PEG-PLGA are both FDA-approved materials used in clinic, this kind of Fe<sub>3</sub>O<sub>4</sub>@PEG-PLGA MCs has great potential to be further developed as efficient dual-modality contrast agents for practically biomedical application.

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#### Notes

The authors declare no competing financial interest.

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